

Are Your Folks Eating All Their Vegetables?



My how times have changed. That used to be their concern about you.

For less than \$50 a week per person, you can make sure your folks are eating right by having the good people at **Family Fare** deliver tasty, nutritious meals right to their front door. And, just like the Meals on Wheels we've delivered to area homes for the past 30 years, **Family Fare** orders can be tailored to meet specific dietary restrictions.

So why not invest in your folks' health and gain some peace of mind?

Call **Family Fare** today at (203) 368-4291 or visit our website at www.fswinc.org and click on **Family Fare** from our menu of services. Because eating right should never take a vacation.

Family Fare delivery is currently available in Bridgeport, Easton, Fairfield, Monroe, Stratford and Trumbull.



**Family Services Working to
Strengthen our Communities**

475 Clinton Avenue
Bridgeport, CT 06605
203.368.4291